

CITY CLUB OF BUCKHEAD ATHLETIC CLUB AND SPA

Effective 2/1/10

Lane 1= OPEN SWIM, Lane 2= Swim Lessons, Lane 3= Physical Therapy

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 – 9:00 AM ALL LANES OPEN SWIM	5:30 – 8:00 am ALL LANES OPEN UNTIL 8 AM 1 OPEN SWIM 2 Water Aerobics @ 8am 3 Water Aerobics	5:30 – 9:00 am ALL LANES OPEN SWIM	5:30 – 8:00 am ALL LANES OPEN UNTIL 8 AM 1 OPEN SWIM 2 Water Aerobics @ 8am 3 Water Aerobics	5:30 – 9:00 am ALL LANES OPEN SWIM	8:00 – 9:00 am 1 OPEN SWIM 2 Lesson 3 Lesson	
9:00–10 AM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	9:00–10 AM 1 OPEN SWIM 2 Lesson 3 PT	9:00–10 AM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	9:00–10 AM 1 OPEN SWIM 2 Lesson 3 PT	9:00–10 AM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	9:00–10 AM 1 OPEN SWIM 2 Lesson 3 Lesson	
10:00–11:00 AM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	10:00–11:00 AM 1 OPEN SWIM 2 Lesson 3 PT	10:00–11:00 AM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	10:00–11:00 AM 1 OPEN SWIM 2 Lesson 3 PT	10:00–11:00 AM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	10:00–11:00 AM 1 OPEN SWIM 2 Lesson 3 Lesson	
11:00 –12:00 PM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	11:00 –12:00 PM 1 OPEN SWIM 2 Lesson 3 PT	11:00 –12:00 PM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	11:00 –12:00 PM 1 OPEN SWIM 2 Lesson 3 PT	11:00 –12:00 PM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	11:00 –12:00 PM 1 OPEN SWIM 2 Lesson 3 Lesson	
12:00–1:00 PM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	12:00–1:00 PM 1 OPEN SWIM 2 Lesson 3 PT	12:00–1:00 PM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	12:00–1:00 PM 1 OPEN SWIM 2 Lesson 3 PT	12:00–1:00 PM 1 OPEN SWIM 2 Lesson 3 PT	12:00–1:00 PM 1 OPEN SWIM 2 Lesson 3 Lesson	
1:00 – 2:00 PM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	1:00 – 2:00 PM 1 OPEN SWIM 2 Lesson 3 PT	1:00 – 2:00 PM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	1:00 – 2:00 PM 1 OPEN SWIM 2 Lesson 3 PT	1:00 – 2:00 PM 1 OPEN SWIM 2 Lesson 3 PT	1:00 – 2:00 PM 1 OPEN SWIM 2 Lesson 3 Lesson	ALL LANES OPEN SWIM
2:00– 3:00 PM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	2:00– 3:00 PM 1 OPEN SWIM 2 Lesson 3 PT	2:00– 3:00 PM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	2:00– 3:00 PM 1 OPEN SWIM 2 Lesson 3 PT	2:00– 3:00 PM 1 OPEN SWIM 2 Lesson 3 PT	2:00– 3:00 PM 1 OPEN SWIM 2 Lesson 3 Lesson	ALL LANES OPEN SWIM
3:00 – 4:00 PM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	3:00 – 4:00 PM 1 OPEN SWIM 2 Lesson 3 PT	3:00 – 4:00 PM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	3:00 – 4:00 PM 1 OPEN SWIM 2 Lesson 3 PT	3:00 – 4:00 PM 1 OPEN SWIM 2 Lesson 3 PT	3:00 – 4:00 PM 1 Pregnancy Class 2 Family Swim 3 Lesson	ALL LANES OPEN SWIM
4:00–5:00 PM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	4:00–5:00 PM 1 OPEN SWIM 2 Lesson 3 PT	4:00–5:00 PM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	4:00–5:00 PM 1 OPEN SWIM 2 Lesson 3 PT	4:00–5:00 PM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	4:00–5:00 PM 1 H2O baby class 2 H2Obaby class 3 Lesson	ALL LANES OPEN SWIM
5:00–6:00 PM 1 OPEN SWIM 2 Lesson 3 PT	5:00–6:00 PM 1 OPEN SWIM 2 Lesson 3 PT	5:00–6:00 PM 1 OPEN SWIM 2 Lesson 3 PT	5:00–6:00 PM 1 OPEN SWIM 2 Lesson 3 PT	5:00–6:00 PM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM		
6:00–7:00 PM 1 OPEN SWIM 2 Lesson 3 PT	6:00–7:00 PM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	6:00–7:00 PM 1 OPEN SWIM 2 Lesson 3 PT	6:00–7:00 PM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM	6:00–7:00 PM 1 OPEN SWIM 2 Lesson 3 OPEN SWIM		
7:00–9:00 PM 1 OPEN SWIM 2 OPEN SWIM 3 PT until 8 PM	7:00–9:00 PM ALL LANES OPEN SWIM	7:00–8:00 PM 1 Prenatal Class 2 Prenatal Class 3 OPEN SWIM	7:00–9:00 PM 1 OPEN SWIM 2 OPEN SWIM 3 PT until 8 PM	7:00–8:00 PM 1 OPEN SWIM 2 Family Swim 3 OPEN SWIM		

Note: Numbers signify lanes usage by that specific program